



The Care Workers' Charity: Monthly Briefing

Date: August 2025

Introduction: The Care Workers Charity (CWC) committed to support and advocate for care workers across the UK. Each month, we collect insights and updates from our advocacy efforts, the Care Worker Advisory Board, and data collected from crisis grants and online communications with care workers. This briefing aims to inform policymakers and stakeholders of the ongoing challenges for the care sector workforce and the collective action needed to address them.

1. Advocacy Work Updates: CWC continues to represent care worker voices at key stakeholder meetings, including:

- Skills for Care – Workforce Strategy Oversight Executive Meeting Group
- Department of Health and Social Care – Workforce Advisory Group
- Oxford University's Responsible Use of Generative AI Steering Committee
- IMPACT
- Centre for Care
- The Kings Fund
- Throughout the month, our CEO has actively participated in multiple meetings and webinars to ensure the experiences and perspectives of care workers are consistently represented at national and sectoral levels.

2. Insights from The Care Worker Advisory Board and Champions Project:

- In preparation for the upcoming DHSC Roundtable, we held a dedicated session with members of our Care Worker Champions to present and discuss agenda proposals. The purpose of this meeting was to gather open and honest feedback, ensuring that the priorities of care workers are reflected at the heart of these discussions. The group shared valuable insights, which will directly shape the issues we bring forward at the roundtable.
- Alongside this, we are continuing to develop a number of proposals with ongoing input from care workers and are maintaining active discussions around formalised plans for Professional Care Workers' Week. This ensures that members are kept fully up to date and that their voices continue to guide the process every step of the way.



- In addition to this, we centred the discussion around increasing visibility of the Advisory Board and Champions Project. Members shared ideas on how we can further raise awareness, both internally within the sector and externally, with the public and media, to ensure that the voices of care workers continue to be heard and respected.

3.Financial Grants:

- Total number of Applications received – 44 (includes financial applications at all current stages for all grants)
- Total amount spent this month – £9,980.00
- Majority of the grants were awarded via, Crisis grants and one grant awarded via Radis.
- Applications this month were towards 9 areas in care workers lives that require financial support. These were (in order of high applications) Daily Living Costs, Car repairs, Preventing Eviction, Home Repairs, Household Items, Moving Costs, DRO/Bankruptcy Fee, Funeral Costs and Travel Expenses.
- High number of Care workers/Assistant/Practitioner followed by health care assistants and support workers.
- Care workers continue to struggle with daily living costs along with travel-related expenses with so many continuously using their savings or majority of their monthly pay towards car repairs. Furthermore, care workers still experience risk of being evicted from their accommodation as they are not able to keep up with the rise in monthly rent and not able to clear their existing arrears. It also doesn't help when care workers have had to stay at home due to any illness/injury and not able to earn as much and fall sort for the month. Keeping up with monthly expenses due to rise in costs is still causing a huge financial and mental health burden.

4.Mental Health Wellbeing (MHWB)

- We received a total of 1 application and are currently waiting for further information before the application is processed. The care worker has advised that they have been feeling increasingly overwhelmed with work and personal life and not able to balance either of these aspects, which has had a negative impact on their relationship professionally and personally.



5. Success Stories and Positive Outcomes

John is a 48-year-old senior care worker living in Oxford. He and his wife relocated from Nigeria in 2022. He loves his job as a home care worker, he travels from client to client, visiting them in their own homes.

“I’m proud to be a care worker, I find the work really emotionally rewarding and enjoy making a positive in my client’s lives”

The couple rented an unfurnished flat and had the expense of furnishing their new accommodation but were struggling with the cost of buying the essentials that they needed. John’s friend suggested that he look at the CWC website to see if he’d be eligible for help with some of the costs of the items for his flat.

“My wife is pregnant and had been advised to have bedrest after an operation and so we needed to buy a suitable bed, the grant helped with the cost and we are delighted that our baby is due in January.”

6. Calls to Action:

We urge MP’s and stakeholders to take the following action:

- **Champion Co-Production:** Embed care worker co-production into the design on policies, training and workplace practises. Support and promote initiatives that embed care worker voices at every stage.
- **Fair Pay Agreement** - We urge MPs and stakeholders to fully commit to delivering a *funded and enforceable Fair Pay Agreement* for the adult social care sector. Ongoing engagement with care workers must be embedded throughout the process to ensure the agreement reflects the realities of the workforce it seeks to support.
- **Address the Continued Impact of the Cost-of-Living Pressures in the Care Sector:** Push and advocate for an urgent review of pay, travel expense reimbursements, sick pay and financial protections for care workers.
- **Delegated Health Tasks:** Introduce clear national guidance and protections for delegated healthcare tasks, ensuring care workers receive proper pay, training, consent, and support, with no expectation to carry out medical duties beyond their role or competence.
- **Work With Our Advisory Board and Champions:** Our Advisory Board and Champions Project is made up of incredible care workers who bring valuable insight. If you’d like to collaborate with them, get in touch.



For further information or to discuss any points raised, please contact us at olivia@thecwc.org.uk.